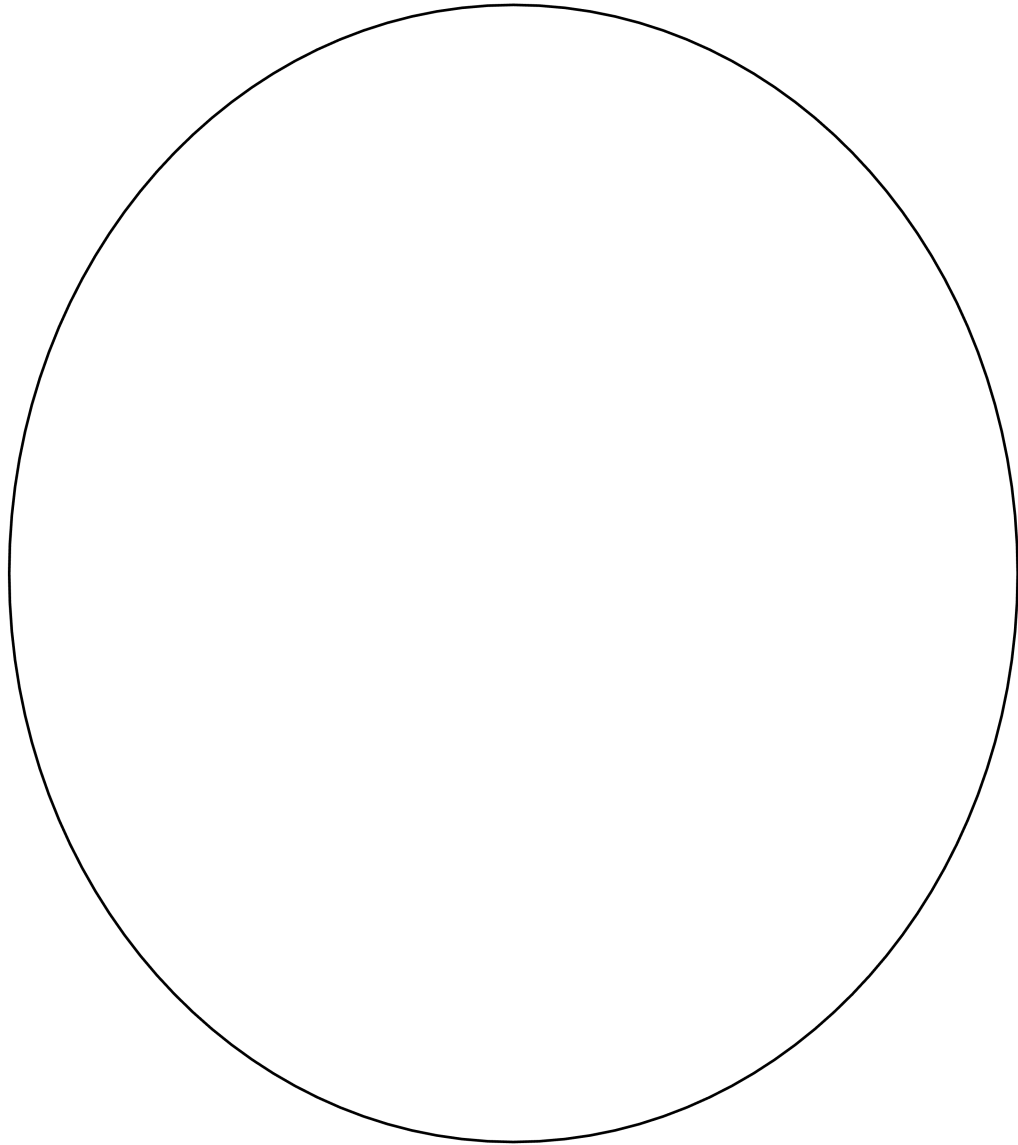


Ash Wednesday

Remember, you are dust and to dust you shall return.
Turn away from sin, and be faithful to the Gospel
Repent, and hear the good news.



the first day of Lent